



## Basic Emergency Supply Kit:

- Water, one gallon of water per person for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery –powered or hand-crank radio and NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First-aid kit
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape
- Moist toiles, garbage bag and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- Cell phone with chargers, inverter or solar charger

## Additional Emergency Supplies

- Prescription medicines and glasses
- Infant formula and diapers
- Pet food and extra water for your pet
- Cash or traveler's checks and change
- Important family documents such as copies of insurance policies and bank account records in a waterproof, portable container
- Emergency reference material such as a first-aid book
- Sleeping bag or warm blanket for each person
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes
- Household chlorine bleach and medicine dropper- When diluted nine parts water to one part bleach can be used as a disinfectant. Or in an emergency situation, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented colour safe or bleaches with added cleaners
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Paper and pencil
- Books, games, puzzles or other activities for children